

## **Counselling professionals in social service settings:**

### **Profile, practice and preparation**

By: Mathew Mathews, National University of Singapore, and  
Counselling & Care Centre

#### **Abstract**

Counselling services are increasingly seen as an important avenue for the resolution of the emotional and mental problems faced by Singaporeans. No licensing laws for counselling have been legislated in Singapore. In the absence of an official register of those who provide counselling and a professional body safeguarding professional standards, it becomes important to profile those providing counselling in the social service sector. By focusing on the counselling professionals in social service settings in Singapore, this study sought to document the profile, practice and preparation of the counselling profession. 141 social workers and counsellors were surveyed with a self-administered questionnaire. Sample included all social service agencies providing counselling. The responses made by counsellors and social workers were differentiated due to the significant difference in their profile and practice of counselling.

For full report, kindly contact:

Social Service Training Institute Resource Centre (SSTI RC)

Tel: 6210 2699 / 2697

Fax: (65) 6463 1078

Email: [ncss\\_resource\\_centre@ncss.gov.sg](mailto:ncss_resource_centre@ncss.gov.sg)